CHEST PAIN

Ensure Safety for Self and Others

Call the Ambulance on Triple Zero (000)

Heart Attack Sudden blockage	Indigestion Digestion problems	Angina Narrowed arteries
Pain, pressure, heaviness, squeezing, tightness	Pain is not relieved by drinking milk or using antacids	Previously diagnosed, yet pain is different to past pain
In chest, neck, jaw, arm/s, back, shoulder/s	Heart attack is often mis-diagnosed as indigestion	Take medication as prescribed Rest until recovered
Dizzy, cold sweat, short of breath, nausea, vomiting	IF PAIN IS STILL PRESENT AFTER 10 MINUTES	IF PAIN IS STILL PRESENT AFTER 10 MINUTES

Call 000 if symptoms persist after 10 minutes, even if previously diagnosed with angina.

Give the casualty aspirin (300mg) unless they are allergic or have a bleeding disorder.

Please note:
Heart attack may be overlooked as angina or indigestion. These are some of the symptoms, there may be others. Not all heart attacks are accompanied by pain. Some casualties simply look and feel unwell.

CALL TRIPLE ZERO (000) IMMEDIATELY

KEEP CASUALTY STILL - COMFORT - MONITOR - BE PREPARED FOR CPR - SEND FOR DEFIBRILLATOR

HAZARD = LIFE-THREATENING MEDICAL EMERGENCY

RISK = PERMANENT HEART DAMAGE, DEATH