DIABETES

Ensure Safety for Self and Others

Dial Triple Zero (000) for an Ambulance

If the person is able to swallow:

Onset Symptoms:

Is able to swallow
Sweating, pallor
Rapid pulse
Trembling, shaking, weakness
Hunger
Light headed, dizzy
Headache
Lack of concentration
Mood changes

GIVE SUGARY FOOD

COMFORT / REASSURE

GIVE A MEAL
Monitor until fully recovered

Make comfortable.
If the casualty can safely swallow, give high-energy foods, sugar, honey or a glucose tablet.

He/she will respond quickly if low blood sugar levels are the cause. He/she may be a little confused on recovery.

Make sure a normal meal is eaten.

If the person is unable to swallow:

Emergency Symptoms:

Unable to swallow
Loss of coordination
Can't follow instructions
Slurred speech
Fitting/seizure
Unresponsive
Unconscious

PLACE ON SIDE

CLEAR THE AIRWAY

CALL 000
Monitor and manage

If drowsy, unable to swallow or unconscious IT IS AN EMERGENCY

DIAL 000 IMMEDIATELY
Say “Diabetic Emergency” and follow instructions.
Do not allow to eat or drink.
Wait with them until the ambulance arrives.

If family member or carer is trained to do so, as required:
Use a blood glucometer
Use a GlucaGen ® HypoKit ® glucagon injection

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